

Lady Duster Basketball:

The Lady Dusters' 2010-11 season was very successful with a 23-4 record. This year the Lady Dusters qualified for their seventh straight trip to the Class B State Tournament. The Lady Dusters finished 3rd in the tournament and all state ratings.

Staff:

Coach Trent Benjamin is the camp director. After 13 seasons of coaching girls' basketball, he is going into his 10th year as head coach of the Holdrege Dusters. He will be assisted by some of his coaching staff, former players, and current members of the Lady Duster program.

Our camper to staff ratio is kept low so campers can benefit from individual attention.



6 PARK DRIVE
HOLDREGE NE 68949

2010-11 STATE TOURNAMENT HOLDREGE LADY DUSTERS



Lady Dusters



BASKETBALL CAMP JUNE 6TH-10TH

Where Hard Work Meets Excellence

Each camper will receive the following: camp t-shirt, certificate for competitions and participation, individual skills tested, analyzed by a camp instructor, and a 2010-11 Lady Duster Highlight Video.

Aims of Camp: The aim of the camp will be to teach and develop individual skills. Each camper will take part in activities that include all phases of basketball - ball handling, shooting, passing, rebounding and defense. **Fundamentals and footwork will be stressed.** Each participant will be involved in various stations and contests to help improve her skills.

Daily Time Schedule: (Grade Entering)

Grades 9-12	8:00-10:00 A.M.
	4:00-5:00 (HHS Players Only)
Grades 3-4	10:15-11:30 A.M.
Grades 7-8	12:45-2:15
Grades 5-6	2:30-3:45

What to Bring: Every camper should bring a pair of basketball shoes and be dressed in gym shorts and shirt. **You should also bring a good attitude and a strong desire to make yourself a better basketball player.**

Site: All individual campers should report to camp at the Holdrege High School ten minutes prior to their daily session.

Cost: The cost of the camp is forty dollars. Payment in full is due with the application. Please make checks out to Holdrege Schools. Refunds will only be given for medical reasons when accompanied by a letter signed by a physician.

Locker rooms will not be available

Questions: Contact Trent Benjamin at 995-5200

REGISTRATION IS DUE TUESDAY, MAY 31ST.

Application Form

Name: _____ Entering Grade: _____
Shirt Size: Youth M __ L __ Adult S __ M __ L __ XL __ XXL __
Address: _____
City: _____
Home Phone: _____
Parent / Guardian: _____
Emergency Contact: _____
Emergency Phone: _____

Detach and return with \$40 registration fee by May 31st to:

Trent Benjamin
6 Park Drive * Holdrege, NE 68949
308-995-5200

Waiver & Release Agreement

Please advise us of any medical conditions we should be aware of:

Medical Condition: _____
Medication Dosage: _____
Medical Insurance Company: _____
Policy #: _____

In consideration of acceptance for registration, I waive and release any and all rights and claims for damages I may have against Holdrege Public Schools, camp director, and/or its representatives for any damages that may be sustained and suffered by me in connections with my association in this camp, and which may arise out of traveling to, participating in, or returning from camps.

Applicant's Signature _____

Date _____

Parent's / Guardian's Signature _____

Date _____