



# November 2011

***NO FREE  
LUNCHES***

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>Mon., Tue., and Thurs.</b> <b>Early Practice</b> <b>4:00-6:00</b> <b>Late Practice</b> <b>6:00-8:00</b>	1 Weight Room is open Monday thru Friday from 6:30-7:30 AM.	2 <b>Wednesday Practices</b> <b>Early Practice</b> <b>3:50-5:35</b> <b>Late Practice</b> <b>5:05-6:35</b>	3	4 <b>Friday Practices</b> <b>Early Practice</b> <b>3:00-5:00</b> <b>Late Practice</b> <b>5:00-7:00</b>	5 On Saturdays when there is a JV/Varsity game, the practice is just for those suiting up JV and Varsity that evening.
6	7	8 Team Meeting @ 4:00  <b>Hand Out Team Uniforms</b>	9	10	11	12
13	14  Early Practice	15  Late Practice	16  Early Practice  <b>Parents' Meeting 5:50</b>	17  Late Practice	18  Early Practice	19  Boys: 7-10 Girls: 10-1
20	<b>21 Picture Day 3:45</b>  Boys: 5-7 Girls: 7-9	22  Early Practice	23 No School Teacher Inservice  Boys: 1-3 Girls: 3-5	24  <b>Thanksgiving</b>	25 No School  Girls: 8-10 Boys: TBA	26 <b>V Scrimmage vs Kearney 5:15</b> Boys: 8-10 Girls: 10-12 <b>GYM CLEAN-UP</b>
27	28  Early Practice	29  Late Practice	30  Early Practice  Film Watching 5:35-6:05			

Home Games In Bold



# December 2011

***NO FREE  
LUNCHES***

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 RES @ Kearney 4:15 Depart at 2:30 Late Practice Mental Game: 7:30-8	2 JV/V @ Adams Central 4:30/6:00 Depart at 2:30	3 <b>JV/V vs Schuyler</b> <b>2:30/3:45</b> Girls: 8:30-9:30 Boys: 10-11
4	5 SO Boys' 6:00 <b>RES vs K Catholic 5:00</b>  Early Practice Split Gym 4:00-5:15	6 Wrestling 6:30  Early Practice Split Gym 4:00-5:15 Mental Game 5:15-6:00	7  Late Practice  Film Watching 4:10-4:45	8 <b>RES vs Minden 5:00</b>  Early Practice	9 <b>JV/V vs Hastings</b> <b>4:30/6:00</b>	10  HHS Wrestling Invite  <b>NO PRACTICE</b>
11	12  Early Practice	13 Choir Concert 7:30 Boys:: 4-5:30 Girls: 5:30-7	14  Early Practice  Film Watching 5:35-6:05	15 Band Concert 7:30 Boys: 4-5:30 Girls: 5:30-7 Mental Game 4:40-5:10	16 <b>Breast Cancer Night</b>  <b>JV/V vs Gothenburg</b> <b>4:30/7:30</b>	17 JV/V @ McCook 4:30/6:00 Depart at 2:10 Film at 8:00 Girls: 8:30-10 Boys: 10-11:30
18	19 SO Boys' 6:00 RES @ Hastings 4:45 Depart at 2:45 Early Practice Split Gym 4:00-5:15 Mental Game 5:15-6:00	20 JV/V @ GICC 4:30/6:00 Depart at 2:00	21  Early Practice  X-Mas Gifts 5:35-6:05	22 Weight Room Max Out  Boys: 2:30-4:30	23 Five Day Moratorium	24 Five Day Moratorium
25  <b>Christmas</b>	26 Five Day Moratorium	27 Five Day Moratorium	28  Boys: 10-12 Girls: 1-3 Film Watching 12:00-1:00	29 <b>V Holiday Tourney</b> <b>4:30</b> Girls: 8-9:30 Boys: 9:30-11	30 <b>V Holiday Tourney</b> <b>TBA</b> Boys: 8-9:30 Film at 9:00 Girls: 9:30-11	31

Home Games In Bold



# January 2012

***NO FREE  
LUNCHES***

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Teacher Inservice  Early Practice	3  Late Practice	4  Early Practice  Film Watching 5:35-6:05	5 RES @ AC 4:30 Depart at 2:30  Late Practice	6 <b>JV/V vs Broken Bow 4:30/6:00</b>  <b>GYM CLEAN-UP</b>	7 <b>JV/V vs S Valley 4:30/6:00</b> Film at 8:00 Girls: 8:30-9:30 Boys: 9:30-11
8	9 SO Boys' 6:00  Early Practice Split Gym 4:00-5:15 Mental Game 5:15-6:00	10  Early Practice	11  Late Practice  Film Watching 4:10-4:45	12 RES @ B Bow 5:00 Depart at 2:45 Early Practice Team Supper	13 JV/V @ Beatrice 4:00/5:45 Depart at 11:45 Pizza Hut for Road Go Over Lex on Way Home	14 <b>JV/V vs Lex 4:30/6:00</b> Film at 8:00 Girls: 8:30-10 Boys: 10-11:30
15	16  Early Practice Mental Game 6:00-6:30	17 RES @ Cozad 6:00 Depart at 4:05  Early Practice	18  Late Practice  Film Watching 4:10-4:45	19 <b>RES vs G-Burg 5:30</b>  Late Practice	20 JV/V @ Minden 4:30/6:00 Depart at 3:20	21  <b>No Practice</b>
22	23 Central 10 Tourney TBA  Late Practice Film Watching 5:10-5:40	24 Central 10 Tourney TBA	25  Early Practice  Film Watching 5:35-6:05	26 Central 10 Tourney TBA	27 Boys' Cen 10  Early Practice	28 Central 10 Tourney TBA @ Northwest
29	30 SO Boys' 6:00  Early Practice Split Gym 4:00-5:15 Mental Game 5:15-6:00	31 RES @ McCook 4:00 Depart at 1:45  Late Practice				

**Home Games In Bold**



# February 2012

***NO FREE  
LUNCHES***

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Early Practice  Film Watching 5:35-6:05	2  Late Practice	3 <b>JV/V vs Northwest</b> <b>4:30/6:00</b>	4  <b>No Practice</b>
5	6 RES @ S Valley 6:00 Depart at 4:20  Late Practice	7  Early Practice	8  Late Practice  Film Watching 4:10-4:45	9  Early Practice	10 JV/V @ Central City 4:30/6:00 Depart at 1:40	11 JV/V @ St. Paul 3:30/5:15 Depart at 12:40 Girls: 8-9:30 Boys: 9:30-11
12	13 HS PT CONF 4-8 Host Sub-Districts 7:00 <b>RES vs Lex 4:00</b> Early Practice 2-4 Split Gym	14 1:37 Dismissal Host Sub-Districts 6:00 Boys: 2-3:30 Girls: 3:30-5:00 Mental Game 5:00-5:30	15 HS PT CONF 2-6  Boys: Morning Girls: 2-3:30	16 1:37 Dismissal Host Sub-Districts 7:00  Boys: 4-5:15 Girls: 5:15-6:30	17 NO SCHOOL <b>JV/V vs Aurora</b> <b>4:30/6:00</b> Girls: 8:30-9:30 Boys: 10-11	18 JV/V @ York 4:30/6:00 Depart at 1:40 Girls: 8:30-9:30 Boys: 10-11
19	20 Host Sub-Districts 7:00  Girls: 4:00-5:15 Mental Game 5:15-6:00 Boys: 5:15-6:30	21 Host Sub-Districts 6:00 V Districts TBA Early Practice Split Gym 4:00-5:15 then Film	22  Early Practice Film Watching 5:35-6:05 Team Supper	23 Host Sub-Districts V Districts TBA Walk-Thru's After School	24 District Finals TBA  Walk-Thru's @ MS	25 Boys' Districts
26	27 Boys' Districts  Boys: Walk-Thru's Early Practice	28 Boys' Districts  Boys: Walk-Thru's Early Practice	29  Early Practice  Film Watching 5:35-6:05			

**Home Games In Bold**



# March 2012

***NO FREE LUNCHES***

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 State Tournament TBA	2 State Tournament TBA	3 State Tournament TBA
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Home Games In Bold